

MA in Music Therapy
Licentiate in Music Therapy – 5 years

Objectives

To train students to become professionals in the health area and provide them with a solid training in music, psychology and physiology (with emphasis on neurological aspects)

Contents

The syllabus includes subjects concerning theoretical models and the applications of music therapy to the different fields of professional concern. To obtain the Licentiate degree, music therapy graduates must attend the four subjects corresponding to the Common Basic Cycle (Psychology, Biology, Semiology, Mathematics or Anthropology), Psychopathology and two levels of a language-

Job Opportunities

Graduates can carry out interdisciplinary work in the protection; promotion; primary, secondary and tertiary prevention of health; rehabilitation and recovery of health. These can be done at hospitals, health centres, schools, mental institutions, institutions specialised in children, adolescents, adults and elderly people.

Graduates can: a) Develop and/or recover the capacity of expression that allows people to objectivize their internal world; b) Unblock expressive resources and make them available to people; c) Help people understand their intra and interpersonal problems in depth, and try to transform them for their well being; d) Develop, sustain and facilitate the capacity to communicate intra and interpersonally and in groups, fostering the self and community development; e) Help to free the creative potential of people as a means of development and social integration; f) Intervene in psychomatricidal, language, and learning problems, seeking possible solutions; g) Discover and promote, in cases of severe communication and perturbation problems, the undamaged capacities and skills so as to compensate the deficiencies in the affected areas; h) Take part in the prevention and rehabilitation of socio pathogenic situations; i) Set objectives for individual and group music therapy treatments according to the diagnostic appreciations; j) Select or create music therapy experiences to meet individuals' needs; k) Establish indication criteria for music therapy treatments; l) establish treatment strategies and their conclusions; m) Set objectives and goals and coordinate, in interdisciplinary teams, protection programmes, and health promotion and prevention; n) Set objectives and coordinate therapeutic treatments together with other professionals.

Graduates can also carry out research, provide advice and teach: a) Carry out research in the various areas and fields of music therapy; b) Create and develop methods, techniques, procedures and instruments; c) Design and implement instances and methods to establish and evaluate the progress of people undergoing music therapy treatments and the efficiency of the therapeutic strategies; d) Provide orientation and advice from their specialty, of activities connected to the protection and promotion of health and the prevention of its alterations; e) Participate in the continuous training of music therapy professionals; f) Participate in the training of professionals of other fields; g) Show knowledge of professional standards of clinic practice, considering the diagnostic valuations, treatment strategies, implementation, conclusion and its documentation; h) Contribute in the implementation of research in other areas and fields; i) Participate in the supervision of music therapy professionals and connected fields.