

**Licentiate in Nutrition**  
**Licentiate in Nutrition – 5 years**

**Objective**

To train students so that they will be able to work in the field of nutrition making use of knowledge, skills and attitudes that allow them to handle in a rational way the nourishment of human beings, taking into consideration the psychological, pathological, economic and socio cultural factors that condition it. To promote and spread knowledge referring to hygiene and assistance to healthy and ill people.

**Contents**

Training permits graduates to work in the following areas: Nutrition, Public Health, Food technology, and Company Management.

**Job Opportunities**

Graduates are qualified to indicate and control the forms of preparation and elaboration of diets; spread information about hygiene and nourishment plans. They will work with patients only under prescription or medical diagnosis, and they can direct, with medical assistance, all the stages connected to the nourishment of healthy human beings. Professionals can work in institutions previously fitted out or public and private institutions or establishments as well as in companies and service administrations providing nutritional advice. Teaching and research are other activities that graduates can carry out.